Winter Vehicle Safety Tips

Don't drive on the road until your vehicle is ready for winter

Have your vehicle serviced for winter safety

- Proper winter tires with proper tire pressure
- Gas tank full Weight in trunk for traction
- * Drive for weather conditions
- * Jumper cables Basic tool kit
- * Shovel Ice Scraper Snow brush
- * Flashlight
- * Emergency Car kit Flashlight
- * First Aid kit
- Extra Blanket, clothes, gloves
- * Water and Snacks



ELMA CERT, Inc.

MEETINGS - 7:00 PM 2nd Wednesday of each month

Training and meetings are held at the Elma Senior Center unless noted.

Elma Senior Center 3007 Bowen Road Elma, New York 14059

Web:

www.elmacert.org
CERT@ElmaNewYork.com

OUR SPONSORS:











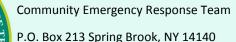








Elma CERT, INC



www.elmacert.org

CERT@ElmaNewYork.com

1st QUARTER 2017

Elma CERT, Inc. Senior Preparedness

Elma CERT, Inc. was contacted by EMPact New York to see if we would help spread the word on being prepared to senior citizens at Belmont Housing for Seniors. We took the opportunity to share our mission to inform citizens to be better prepared to take care of themselves, family, friends, and neighbors in the event of a disaster of any type until emergency responders arrive.

We prepared a brief presentation and visited senior housing in the city of Buffalo and in Lancaster. Visiting seniors in Depew and Ken-Ton is on our agenda for January 2017.

The seniors that attended our presentation were eager to hear our message and understood the need to be prepared. Handouts were distributed including medicine list forms, contact information lists and what to have on hand should you need to evacuate or remain at home for an extended period during an emergency.

Elma CERT to hold Basic Training Course

A CERT Basic Training Class will tentatively be held each Monday and Thursday evening starting March 13, 2017 through April 6th at EMPact America located at 7615 Seneca Street in East Aurora.

Learn how to protect yourself, your family, friends and neighbors during time of disaster! Students are trained in basic skills such as fire safety, light search and rescue, team organization and disaster medical operations.

To enroll, simply send an email to CERT@ElmaNewYork.com expressing your interest.

More information and pictures from our Fall 2016 Training can be found on pages 2 & 3!

1st Quarter 2017 1st Quarter 2017

ABOUT COMMUNITY EMERGENCY RESPONSE TEAM (CERT) BASIC TRAINING

Fema.gov/CERT

If available, emergency services personnel are the best trained and equipped to handle emergencies. Following a catastrophic disaster, however, you and the community may be on your own for a period of time because of the size of the area affected, lost communications, and unpassable roads. CERT Basic Training is designed to prepare you to help yourself and to help others in the event of a catastrophic disaster. Because emergency services personnel will not be able to help everyone immediately, you can make a difference by using your CERT training to save lives and protect property. This training covers basic skills that are important to know in a disaster when emergency services are not available. With training and practice, and by working as a team, you will be able to protect yourself and do the greatest good for the greatest number after a disas-

Units cover Disaster Preparedness, Fire Safety, Disaster Medical Operations, Search & Rescue, Disaster Psychology, CERT Organization and Terrorism & CERT

Upon completion of the CERT Basic Training course, participants will receive a certificate. Your community may also provide additional documents that will identify each participant as an emergency response team member during disaster response. CERT members should maintain their own CERT safety equipment, such as goggles, gloves, and basic first aid supplies, and have them available for use during a disaster. Training in disaster response should not be a onetime event. Awareness, commitment, and skills must be reinforced through follow-up training and repeated practice to maintain the edge necessary for effective response in the face of a disaster. To maintain their skill level and continually improve performance, CERT members should participate in continuing supplemental training when offered in your area. Working through practice disaster scenarios with other teams will provide opportunities not only for extended practice but also for valuable networking with teams in the

CERT Class <u>tentative</u> schedule 7 pm – 9:30 pm

Mon. 3/13

Unit 1 - Disaster Preparedness

Thurs. 3/16

Unit 2 - Fire Safety

Mon. 3/20

Unit 3 - Disaster Medical Operations Part I

Thurs. 3/23

Unit 4 - Disaster Medical Operations Part II

Mon. 3/27

Unit 5 – Search & Rescue

Thurs. 3/30

Unit 6 - CERT Organization

Unit 7 - Disaster Psychology

Mon. 4/03

Unit 8 - Terrorism & CERT

Thurs. 4/06

Unit 9 - Final Disaster Simulation

**All classes start at 7pm unless otherwise noted.

Quick Fact: IS-317 can be taken by anyone interested in CERT. However, to become a CERT volunteer, one must complete the classroom training offered by a local government agency such as the emergency management agency, fire or police department

ELMA RESIDENT HONORED

Elma CERT, Inc. honored Elma resident, Mr. Robert Iggulden,

during our Basic Community Emergency Response Team training this past September.

In 2006, Mr. Iggulden researched CERT training, found a grant from Niagara University. organized, promoted and oversaw the very first CERT training in the Town of Elma. The course ran from September till December 2006 at the Iroquois Central High School. Yes, the October Surprise Storm happened right in the middle of it. We had 34 people from all over Erie County in the class.

Ten years later, in 2016, Elma CERT, Inc. ran it's very first Basic Community Emergency Response Team training course

on our own.

Without Mr. Iggulden's hard work and dedication. Elma CERT, Inc. would not be where it is today. Elma CERT incorporated as a not-forprofit 501(c)3 organization in March of 2013. Elma CERT. Inc. is the only incorporated CERT group in New York State.

EMPact Training Schedule

Jan 11, 2017 6 pm \$25 Basic Firearms & Pistol Permit Course

Jan 19, 2017 6 pm Free NARCAN and Hands-Only CPR

Jan 25, 2017 6 pm \$35

Laser Pistol Training Course

Register at empactnewyork.org/training

Join us on January 17, 2017 5 pm **CO2 Detector Giveaway!**

Sponsored by AMANDA HANSEN FOUNDATION

Elma Senior Center 3007 Bowen Road

PICTURE PAGE



CERT Basic Training-September 2016



CERT Basic Training-September 2016



Christmas Wrapping Party-December 2016